

SCIENCE AND CULTURE OF WELL-BEING AND LIFESTYLES

Section “Positions and scholarships” integrated on 26/05/2020

Section “Positions and scholarships” integrated on 28/05/2020

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Starting date of the PhD Programme	01/11/2020
Duration	3 calendar years
Language of the PhD Programme	Italian and English
Mandatory stay abroad	Yes (3 months)

Research topics

The PhD Program's distinctive topic is the relationship between well-being and lifestyles in its unitary complexity. Such relationship defines a research field with both a strongly cohesive content and an intrinsic openness to multi-disciplinary approaches (as it is increasingly required by our contemporaneity, where life quality's various aspects are tightly and osmotically interrelated). Hence, the research projects will have to develop the general theme according to one of the following areas:

- **Pharmacy, Nutritional Sciences, Sport Sciences and Physical Exercise area** (focus on well-being promotion and health protection): Integrated strategies to preserve the well-being of various population groups; Research and development of drug for health protection and of cosmetic products; Biomarker analysis for monitoring the well-being status; Risk assessment of hazardous exposures and unhealthy lifestyles; Metabolism and nutrition; Physical activity, physical exercise and sports.
- **Educational Sciences and Humanities area** (focus on the analysis and the promotion of lifestyles in globalized society): Processes of culture's teaching and learning in relation to childhood, human movement and embodiment; Education to both individual and social well-being factors in current reality (social justice, diversity, global citizenship, fragility management); Processes of constitution and diffusion of lifestyles in contemporaneity, following the determination of symbolic values (according to the exemplary logic of fashion analysed by Fashion studies) and the development of aestheticization factors (social aesthetics).

The various research topics will be developed by stressing those “soft-skills” components that allow to locate rigorous disciplinary investigations exactly into the horizon where, today, extremely useful answers for the promotion of well-being can emerge.

PhD positions and scholarships

Position n.	Financial support	Description
1	PhD Scholarship	Totally funded by the University of Bologna general budget
2	PhD Scholarship	Totally funded by the University of Bologna general budget
3	PhD Scholarship	Totally funded by the University of Bologna general budget
4	PhD Scholarship	Totally funded by the University of Bologna general budget
5	PhD Scholarship	Funded by the University of Bologna general budget and co-funded by the Department of Life Quality Studies
6	Industrial doctorate	Position reserved for employees of XFit Sagl
7	PhD Scholarship	Funded by AEFPE Spa

Admission requirements

Please, see art. 2 of the Call for applications

Mandatory documents to be attached to the application

Please, see art. 3 of the Call for applications

Further qualifications that may be attached to the application, if in possession of the applicant (only qualifications attested by documents drawn up in Italian, English, French, German and Spanish shall be considered as valid and assessed by the Admission Board)

- Abstract of the second cycle master's degree thesis. Undergraduate applicants may submit the draft of the thesis approved by their supervisor (please, note that abstracts cannot exceed 5.000 characters, including spaces and formula possibly used. The above figure does not include: the title of thesis, the outline, and images such as graphs, diagrams,

- tables etc. - where present);
- No more than 2 reference letters signed by Italian and international academics and professionals in the research field, which do not form part of the Admission Board, attesting the suitability of the applicant and his/her interest for the scientific research.
Please, note that the above letters cannot be uploaded by applicants. When filling the online application form on <http://studenti.unibo.it>, applicants will only be allowed to provide the email accounts of the requested academic/professional. The latter shall receive an email from the University of Bologna providing for the instructions for uploading. Only letters in pdf format submitted before the expiry date and time of the Call shall be accepted.
- Multi-annual research project, with special emphasis on the activities to be completed during the first-year course. The proposal must meet the following requirements:
 - o It must indicate in the cover page the research topic of the PhD Programme covered by the research project proposal and for which the applicant is applying (projects without this indication will not be evaluated);
 - o It cannot exceed 20.000 characters, including spaces and formula possibly used. This figure does not include: the title of project, the outline, references and images (such as graphs, diagrams, tables etc. - where present);
 - o It must include: the state of the art; description of the project; references.
 The research projects that successful applicants shall carry out during their doctoral career may possibly differ from the project proposed at the application stage. This shall be defined together with the supervisor and approved by the Academic Board.
- Motivational letter. This must include the reasons prompting the applicant to attend the PhD Programme and those relevant experiences and research interests, that make the applicant suitable for the specific PhD Programme (3000 characters maximum, including spaces).
- List of the publications (monographs, articles published on scientific journals, book's chapters).
- List of the minor publications (conference papers, etc.).
- List of the abstracts and posters presented during national and international conferences, etc.
- Teaching activity carried out at university level.
- Research activity of any kind - whether basic, applied, translational, etc. - carried out in any capacity, including when covered by research grants, and as a staff member of research projects.
- Study periods completed by students outside their countries of origin (e.g. Erasmus programme or other similar mobility programmes).
- Other qualifications attesting the suitability of the applicants (scholarships, prizes, etc.).

Admission exams (art. 4 of the call for applications)

Examination type	Schedule (please, note that applicants shall not receive any communication concerning the exams schedule)	Examination results publication (please, note that applicants shall not receive any communication concerning the publication of results)	
Qualifications and research project evaluation	Non-presential.	The results of the qualifications and research project evaluation shall be available online starting from the 29/05/2020 at the page http://studenti.unibo.it (please, select "summary of the requests in progress" - "see detail" and open the pdf file "risultati valutazione titoli e progetto")	
Oral examination	Date	18/06/2020 In case that the oral examination cannot be completed in one day due to the large number of applicants, the oral exam schedule shall be made available at the webpage http://studenti.unibo.it together with the results of the qualifications and research project evaluation	The results of the oral examination shall be available on the webpage http://studenti.unibo.it starting from 01/07/2020 (please, select "summary of the requests in progress" - "see detail" and open the pdf file "risultati prova orale")
	Time	10:00 a.m. (local time)	
	Applicants shall take the exam remotely. For further details please refer to the relevant provision laid down in art. 4 of the Call for applications.		

Evaluation criteria

Points will be allocated to applications out of a total of 100 on the basis of the following weighting:

1. Qualifications and research project

- Minimum for admission to the oral exam: 30 points
- Maximum: 50 points

Only qualifications relating to the last 5 calendar years prior to the calendar year of publication of the Call for applications shall be taken into consideration, with the exception of the University Degree (Diploma di laurea). Please, note that qualifications must be consistent with the PhD Programme.

Points relating to qualifications shall be allocated on the basis of the following criteria:

- Graduation final mark. Undergraduates shall be evaluated on the basis of the Weighted Average Mark (WAM): max 10 points
- Thesis abstract, in relation to the topics covered by the PhD Programme, with special focus on: 1) relevance of the thesis in relation to the state of the art, 2) methodology applied, 3) structure of the thesis, 4) ground-breaking nature of the thesis, 5) research goals: max 10 points;
- Motivation letter: max 3 points;
- Publications and other qualifications attesting to the candidate's relevant knowledge and skills: max 5 points.

Points relating to the research project shall be allocated on the basis of the following criteria:

- scientific value and ground-breaking nature of the proposal: max 9 points
- description and structure of the proposal: max 4 points
- proposal feasibility: max 9 points

2. Oral examination

- Minimum for inclusion in the final ranking list :30 points
- Maximum: 50 points

Oral examination includes the presentation of the research project and is intended to assess the suitability of the applicant in respect of the pursuing of scientific research as well as the general knowledge of issues connected to the PhD Programme. During the oral examination, knowledge of English language shall be assessed.

The oral examination is carried out in Italian or English, at the choice of the applicant.

Points relating to the oral examination shall be allocated on the basis of the following criteria:

- knowledge of the English language: max 10 points
- research project presentation: max 20 points
- general knowledge of issues connected to the PhD Programme: max 20 points

Possible evaluation sub-criteria will be available on the [Unibo website](#), selecting the relevant PhD Programme → “PhD programme information” at the bottom of the page in the section “Notices”.

Final ranking list and enrolment (arts.6 and 7 of the call for applications)

After the publication of the results of the oral exam, the final ranking list will be available on the [Unibo website](#), selecting the relevant PhD Programme → “PhD programme information” at the bottom of the page in the section “Notices”.

Following the publication of the final ranking list, successful applicants must enrol on <http://studenti.unibo.it> by the deadline indicated on the [Unibo website](#), selecting the relevant PhD Programme → “PhD programme information”.